THE EVENT
IU Health/Indiana University Hospital, one of the leading home dialysis programs in the United States, invites you to participate in its 5th dialysis symposium and workshop. Come share experiences and learn from peers as well as established experts in growing, thriving, comprehensive home dialysis programs that optimize the benefits for patients, partners, physicians, the care team, and the facilities alike.

WHO SHOULD ATTEND
The focus of this program is on the physician and lead home training nurse from facilities that are seeking to start up a home program as well as those that have an active home program including both home hemodialysis and peritoneal dialysis and a strong commitment to significantly growing the size of that program. Due to the symposium’s focus on cross-functional collaboration, best value will be obtained if both the key physician and home training nurse for the program are in attendance.

VALUE TO ATTENDEES
Attendees will take away from the program increased knowledge and expertise in the areas described below, in addition to a deeper understanding of the best practices as well as pitfalls to avoid in order to take a home dialysis program to the next level of success. In addition, the symposium’s combination of didactic, small-scale workshop, and networking opportunities will allow attendees to get both practical information as well as peer contacts to help increase success in their own programs.

LEARNING OBJECTIVES
Upon completion of this program, participant should be able to:
- Discuss the benefits patients receive on Home Dialysis and the increased quality of life versus other End Stage Renal Disease (ESRD) therapies;
- List medications affected by increased frequency of dialysis and the changes required to maximize prescription efficacy;
- Identify the benefits of peritoneal dialysis and how patient selection criteria can maximize success of this therapeutic treatment; and
- Define the pros and cons of all approved treatments for End Stage Renal Disease (ESRD), how to select patients that meet the criteria for each option and tools for educating patients about their options.

Symposium Schedule, Day 1
7:00 Registration
8:00 Welcome - Why Consider Home Dialysis
8:45 The Medical Evidence for Home Hemodialysis
9:30 Rushed Through Life-One Patient’s Journey
10:15 Break
10:35 Design Of A Successful Home Dialysis Program
11:05 Keeping Patients on Therapy:
Infection Prevention
Respite Care
Partner Care
Mohan Ramkumar
Michelle Carver
Lisa Koester
11:50 Working Lunch
PD-We Don’t Survive, We Thrive
Brent Miller
1:00 Patient Panel
2:00 Mindfulness Meditation for Self-Care and Wellness
Gary Petingola
3:00 Transitions Between Therapies
Michael Kraus
3:45 Psychological & Cognitive Effects Of Kidney Disease
Henning Sondergaard
4:30 Adjournment
Symposium Schedule Day 2
Professional Track

7:30 Placement of PD Catheters  Michael Kraus
8:15 Nursing-Pros and Cons of Cross-training  Michelle Carver/Lisa Koester
8:45 What Can I Do for Myself?  Lori Mercer
9:30 End of Life/Palliative Care  Denise Eilers
10:00 Break

10:15 - 2:00 Breakout Sessions w/Box Lunch

Session I  Nursing/Social Work - Panel
Michelle Carver, Lisa Koester, Cathy Cox, Sharon Ayers
1. Best Practices
   a. Respite
   b. Care Coordination
   c. KDQOL
   d. QAPI
   e. How to Develop a Home Dialysis Nurse and advance their career

2. Identification & Assessment of Psychosocial Needs at End of Life
   Professional Boundaries  Amber Harper
   1. Evaluating the Access  Gary Lemmon
   2. Living with Disability  Henning Sondergaard
   3. Dealing with Challenges in Dialysis - Panel
      Ben Ruback, Jim Smith, Melissa Sondergaard, Henning Sondergaard
   4. Advocating for Yourself-Ask Me Anything  Michael Kraus

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All attendees meet in a general session at 2:00pm.

2:00 ESRD Policy and R&D in 2015: What You Need to Know  Mark Neumann
2:45 The “Road Home” in the U.S.  Dori Schatell
3:30 Wrap Up
3:45 Adjourn

Symposium Schedule Day 2 (cont.)
Patient Track (No CME)

7:30 Transplantation - Getting on Board  Tim Taber
8:30 Getting My Education  Ben Ruback
9:30 Partners  Melissa a & Henning Sondergaard
10:00 Break

10:15 - 2:00 Breakout Sessions w/Box Lunch

Patients and Caregivers
1. Evaluating the Access  Gary Lemmon
2. Living with Disability  Henning Sondergaard
3. Dealing with Challenges in Dialysis - Panel
   Ben Ruback, Jim Smith, Melissa Sondergaard, Henning Sondergaard
4. Advocating for Yourself-Ask Me Anything  Michael Kraus

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Speakers/Faculty

Sharon Ayers, RN  IU Health Home Dialysis
Michelle Carver, RN  Home Hemodialysis Plus
Patricia Christ, RN  IU Health Home Dialysis
Catherine Cox, RN  IU Health Home Dialysis
Brian Decke, MD  Associate Professor of Clinical Medicine
Indiana University School of Medicine
Denise Eilers, RN  IU Health Home Dialysis
Gary Lemmon, MD  IU Health Vascular Surgeon
Lori Mercer, MTH,NCBF,CP  IU Health Hospice
Brent Miller, MD  Professor of Medicine
Washington University St. Louis, MO

Mark Neumann  Nephrology News & Issues
Gary Petingola, BSW, MSW, RSW  Diabetes Care Service
Patricia Christ, RN  IU Health Home Dialysis
Mohan Ramkumar, MD  Assistant Professor of Medicine
University of Pittsburgh School of Medicine
Ben Ruback  H.S. Biology Teacher
NxStage Patient and Home Dialyzors United Board Member
Dori Schatell  Executive Director, Medical Education Institute
Home Dialysis Central
Henning Sondergaard, MS  Psychology
Author
Melissa Sondergaard, Author
Home Dialyzors United Board Member
Tim Taber, MD,FACP  Associate Professor of Medicine-Indiana University
Dir. Transplant Nephrology
Linda Upchurch, MBA,MHA  Director of Public Policy
NxStage Medical, Inc.
LODGING

A block of rooms have been reserved at the Indianapolis Downtown Marriott, 350 West Maryland Street, Indianapolis, Indiana. A special conference rate of $169 will be available until September 22, 2014. Reservations may be made online by clicking on the link below or by calling 1-877-640-7666.


FEE SCHEDULE

$175 Non-IU Health Employees
$ 60 IU Health Affiliates
Free Employees of IU Health Academic Health Center DOWNTOWN Campus (Methodist, University, Riley)
$ 50 Patient and no caregiver
$ 50 Patient with caregiver
$ 50 Caregiver and no patient

Registration is required for this event.

*Reservations for the HDU banquet on Thursday evening may be made by using the link below no later than October 18th.

http://homedialeyzorsunited.org

FURTHER INFORMATION

We want everyone to feel welcome at this event. If you have a disability and need an accommodation to participate in this program, we will try to provide it. Please contact the Nephrology administration office at 317.948.2369 before you come to the event. At least 72 hours notice may be required.

All registered participants will receive a verification email

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